

## READ 1 CORINTHIANS 9:24-25

## DAY 4

David sang these words since God had saved him from his enemies. He was so thankful for all the ways God had helped him and protected him, and he just had to share it!

David was singing about the armor of God, just like Paul would write about later on. And today, we can know the exact same confidence and security that they felt when we trust God and rely on him to see us through.

In the space below, draw out David's words. Get creative and illustrate the images that he used to talk about God's protection. Add color (or glitter!) if you want to. Let it be a reminder that God gives you what you need to keep going.

Post your finished product on the fridge so you can encourage your family too!

### THINK ABOUT IT:

1. How has God been a rock in your life?
2. Did you realize at the time what God was up to? Or did it become clearer later, when you could look back like David did?
3. There are lots of songs that are about confidence in yourself—"I can do anything." Why is it so much more powerful to say that GOD can do anything?



## READ EPHESIANS 6:14-17

## DAY 1

Just about every sport has some kind of protective equipment. (OK, maybe not swimming!) But think about a baseball umpire—specifically, the home plate umpire. Google "home plate umpire" and look at some of the images.

Obviously, the catcher needs to have all kinds of gear to protect himself, but the ump is in almost as much danger. All it takes is one foul tip from a 95-mile-per-hour fastball, and you can see why he needs a mask!

(Fun fact: The ump always wears a chest protector, but you can't always see it. In the big leagues, he wears it under his suit jacket so he can still have the appearance of authority.)

It's pretty obvious why an umpire needs that kind of "armor." We don't always think about putting on the "armor of God," but that's exactly what it takes—to walk into each day knowing we're guarded and protected by everything God has given us.

Remember that God is with you, so you can face the day with faith, truth, peace, and confidence. Then, we'll be determined and ready to handle all the fastballs and foul tips life can throw your way!

### THINK ABOUT IT:

1. What are some examples of "armor" that you wear—maybe in a sport you play, or maybe a helmet you wear when you're riding your bike?
2. What's one way you can remind yourself to "put on the armor of God" before you face the day?
3. How is that different from just letting life happen to you, and then reacting to whatever happens?

**WEEK THREE**  
**4TH-5TH**

## READ PSALM 119:9

## DAY 2

Have you ever tried to put something together without the instructions? Maybe you threw them away with the box and you thought, "I'll just figure it out." Sometimes that works fine and sometimes . . . not so much. (*Just ask your mom or dad about the last time they put together some build-it-yourself furniture!*)

One really important way to put on the armor of God is by reading the Bible. It really is like an instruction manual for life. It might not say, "You should do \_\_\_\_\_" for whatever situation you're facing, but it does help you focus on God and what He thinks is most important. It puts you in the right frame of mind so you can be determined to follow Him no matter what obstacles you might face.

And one other thing, God's word is also a refuge when you've hit some trouble. You can *always* go back when you've messed up, and you can be sure you'll experience God's love and grace through the pages of Scripture. Isn't that great to know?

Stay strong and committed to reading the Bible regularly.

### THINK ABOUT IT:

1. How can knowing God's word protect you like armor?
2. Why do you think it's important to get in the habit of reading the Bible consistently, not just reading when you're in the middle of trouble?
3. How does a devotional like this one keep you "on track" through the ups and downs of life?



## READ EPHESIANS 6:18

## DAY 3

Why do you think Paul talks about prayer as part of the armor of God?

Go ahead and write down what you think.

That's right! God has given you everything you need to have determination—to keep going strong. That means knowing He's with you, knowing His word, AND being able to talk to Him about anything you might be going through. You can talk to Him about the good, the bad, and the ugly.

That's what's so great about following God. You don't just know ABOUT Him. You know HIM. You have a personal relationship with the one who made you and loves you and who knows you even better than you know yourself.

Part of the armor of God is being watchful—seeing trouble ahead, or seeing where others need help—and talking to God about it.

### THINK ABOUT IT:

1. Is it easier for you to talk to God when things are going well, or when you're in the middle of trouble?
2. Why do you think it's important to God that we remember to talk to him?
3. How does it feel when you know someone else is praying for you?